

Exam Structure

The following portion of the examination includes 1 Case Study. The Case Study includes introductory information about a specific situation, followed immediately by a set of questions related to the situation described.

Each question will contain a button that is labeled **Scenario**. When clicked, the scenario button will redisplay the introductory information.

Each new question will be presented on-screen with the text of each previous question to aid the candidate. New questions will appear in bold. Previous questions will appear in italics.

Certain questions will require a single response and others will require multiple responses so please ensure you read the question carefully.

When finished reading the question, click on the **NEXT** button to move to the next question on the exam.

The next **five** questions are based on the following scenario. The scenario will be visible on each item by clicking the provided 'Scenario' button.

Scenario 1

Workplace Setting: Rosario is a registered nurse working in a community home health setting.

Client Profile: Mr. Grewal is a 64-year-old former English professor at the local university. He lives with his extended family: his wife, his oldest son, and his son's family. He has had home care nursing for several years for chronic disease management. He understands his disease processes very well.

Health Status: Chronic obstructive pulmonary disease (COPD) and congestive heart failure. He has a history of four myocardial infarctions and chronic atrial fibrillation.

Health History: Recent hospitalization with exacerbation of COPD. Discharged after titration with medications and new orders for supportive care.

Vital Signs: •T: 37°C orally •P: 88 beats per minute (bpm) •BP: 90/48 mm Hg •R: 14 breaths per minute •O₂Sats: 92% with oxygen at 2 litres/minute •Pain: N/A •Blood Glucose: N/A

Orders: •Home O₂ with nasal prongs at 2-3 litres/minute •Albuterol (Salbutamol, Ventolin) 2 puffs four times a day (QID) •Ipratropium bromide (Atrovent) 2 puffs QID •Metoprolol (Lopressor) 50 mg twice a day (BID) •Furosemide (Lasix) 40 mg once a day •Warfarin (Coumadin) 2 mg once a day •Sennosides (Senokot) 1-2 BID if necessary •INR once a month •Supportive care

Nursing Care Plan: •Goal of care: Chronic disease management and supportive care •Risks: Two large dogs •Discuss DNR

Rosario has just started to work as a home care nurse and he is assigned to visit Mr. Grewal, who has been on care for several years for chronic disease management. After reading the chart and care plan that was developed prior to Mr. Grewal's recent hospitalization, which **three** of the following actions should Rosario prioritize for his visit?

Scenario

Calculator

A Assess Ankle Brachial Index (ABI)

B Assess INR results

C Obtain current weight

D Assess vital signs

E Teach deep breathing and coughing exercises

F Measure oxygen saturation

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Rosario visits Mr. Grewal and explains that he is there to update the care plan since Mr. Grewal's recent hospitalization and that the focus of care will be to support his comfort. Mr. Grewal is aware that he is not going to get better and that his pulmonary functioning is declining. Mr. Grewal and Rosario discuss what this means for his future care. Which **three** of the following points should Rosario make to ensure that Mr. Grewal understands what supportive care means?

Scenario

Calculator

A No future treatment will be planned for Mr. Grewal.

B Mr. Grewal has less than six months to live.

C Treatments will be focused on quality of life.

D Mr. Grewal should sign a DNR form for the chart.

E Home care nursing will continue to be involved.

F Mr. Grewal will continue to receive treatment for his chronic disease

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Mr. Grewal informs Rosario that he has not had a bowel movement for three days. What **action** should Rosario take in this situation?

Scenario

Calculator

A Give Mr. Grewal an enema immediately.

B Advise Mr. Grewal to get plenty of exercise.

C Perform a complete bowel and abdominal assessment.

D Educate Mr. Grewal's family members on how to give an enema.

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Mr. Grewal informs Rosario that he has not had a bowel movement for three days. What action should Rosario take in this situation?

Mr. Grewal has swelling of both legs, with +2 pitting edema toes to mid-calf by the end of every day. His family members tell Rosario that they want to purchase compression stockings for him and want some guidance for the purchase. What is the **most** appropriate action for Rosario to take?

Scenario

Calculator

A Advise the family to use tensor bandages instead.

B Complete a thorough assessment prior to advising the family.

C Advise Mr. Grewal that increased exercise will reduce the swelling.

D Tell the family to request that additional diuretics be ordered by the physician.

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Mr. Grewal's physician refers him to the wound clinician, who assesses him for the ability to tolerate compression stockings. The family purchases stockings for him. Mr. Grewal and his family privately hire a home support worker to assist him to put on and take off his compression stockings. Mr. Grewal asks Rosario why he continues to visit when he already has a nurse to help him with the stockings. Which **three** of the following options should Rosario do in this situation?

Scenario

Calculator

A Ask the home support worker to validate her credentials.

B Report the home support worker to the police for fraud.

C Tell the family about the misrepresentation.

D Explain his role and credentials to Mr. Grewal.

E Explain the differences in roles between the home care nurse and home support worker.

F Speak with the home support worker to identify the potential problems with role confusion.